LITTLE WONDERS International

# KIDS MENU

## Morning Munchies for Mini Tummies

Menu By: Dt. Kim Somaiya
Nutritionist Health Orbit,
Nashik






| MON | TUE | WED | THU | FRI | SAT | SUN |
|---|---|---|---|---|---|---|
| 2nd Nov<br>**Vegetable Dalia** | 3rd Nov<br>Veg Cutlet & Green Chutney | 4th Nov<br>**Holiday** | 5th Nov<br>**Holiday** | 6th Nov<br>**Holiday** | 7th Nov<br>**Holiday** | HOLIDAY |
| 9th Nov<br>**Holiday** | 10th Nov<br>**Holiday** | 11th Nov<br>**Holiday** | 12th Nov<br>**Holiday** | 13th Nov<br>**Holiday** | 14th Nov<br>**Holiday** | HOLIDAY |
| 16th Nov<br>**Holiday** | 17th Nov<br>**Holiday** | 18th Nov<br>**Holiday** | 19th Nov<br>**Palak Pulav with Tomato Soup** | 20th Nov<br>**Poha** | 21st Nov<br>**Holiday** | HOLIDAY |
| 23rd Nov<br>**Veg Fried Rice & Corn Soup** | 24th Nov<br>**Spinach and Oats Chilla & Green Chutney** | 25th Nov<br>**Masala Paratha & Aloo Subji** | 26th Nov<br>**Moong Dal Khichdi & Kadhi** | 27th Nov<br>**Vegtable Namkeen Sewaiyan** | 28th Nov<br>**Holiday** | HOLIDAY |
| 30th Nov<br>**Paneer Pulav & Tomato Soup** | | | | | | |

Note-If any child is allergic to any food item,parents have to inform school in written and restrict the child not to eat the particular food and on such days the child can carry tiffin from home.

**Mrs. Ashwini Takle**
Principal

**Ms. Pooja Mehrolia**
Admin Coordinator