

KIDS MENU

Morning Munchies for Mini Tummies

ENJOY
EATING

Menu By: Dt. Kim Somaiya
Nutritionist Health Orbit,
Nashik

YUMMY!



MON	TUE	WED	THU	FRI	SAT	SUN
			1st Oct Vegetable Namkeen Seevainyan	2nd Oct Holiday	3rd Oct Holiday	H O L I D A Y
5 th Oct Daal & Rice	6th Oct Multigrain Paratha & Tomato Chutney	7th Oct Veg Pulav & Corn Soup	8th Oct Onion Coriander Paratha & Tomato Chutney	9th Oct Vegetable Dalia	10th Oct Holiday	H O L I D A Y
12 th Oct Veg Fried Rice & Corn Soup	13th Oct Mutigrain Chilla & Green Chutney	14th Oct Palak Pulav with Tomato Soup	15th Oct Poha	16th Oct Chole Puri & Meethi Boondi	17th Oct Holiday	H O L I D A Y
19th Oct Holiday	20th Oct Holiday	21st Oct Moong Daal Khichdi & kadhi	22nd Oct Vegetable Upma & Chutney	23rd Oct Paneer Pulav & Tomato Soup	24th Oct Holiday	H O L I D A Y
26th Oct Poha	27th Oct Rajma Chawal	28th Oct Methi Thepla & Tomato Chutney	29th Oct Spinach and Oats Chilla & Green Chutney	30th Oct Daal & Rice	31st Oct Holiday	

Note-If any child is allergic to any food item,parents have to inform school in written and restrict the child not to eat the particular food and on such days the child can carry tiffin from home.

Mrs. Ashwini Takle
Principal

Ms. Pooja Mehrolia
Admin Coordinator