

THE WISDOM HIGH TIMES

A Wisdom High International School Chronicle





International Chemistry Quiz (GOC):

Mast. Parth Roongta, Mast. Neel Gawale, and Ms. Kavya Mittal have achieved remarkable milestones in the International Chemistry Quiz, qualifying for the prestigious ICQ Asia Camp under the expert mentorship of Ms. Gayatri Shinde Ma'am.

Singing competition LWI:

Our kindergarteners made us proud by winning 1st place for the 3rd year in a row at the Navrachna School Singing Competition.



Bharat Vikas Parishad, Group Singing competition:



Kudos yet again, as Team WHIS GOC bagged 3rd place, in Bharat Vikas Parishad Group Singing State level competition at Pune and 1st position at the district level in Nashik under the expert mentorship of Mr. Suraj Bari, Mr. Amit Bhalerao, and Mr. Ananth Shahane.

International Chemistry Quiz (SMC):









Mast. Aarit Chopda and Mast. Aman Goyal of grade 10. Ms. Anandi Aher and Mast. Rishit Patil of grade 9 have achieved remarkable milestones in the International Chemistry Quiz, qualifying for the prestigious ICQ Asia Camp under the expert mentorship of Mr. Kailas Jadhav.

Bharat Ko Jano:





Mast.Meet Lodha and Mast.Devyansh Sharma, GOC campus, secured 1st position at Bharat Ko Jano Quiz Competition. Mast.Naitik Hapse, Mast.Pinak Ahire from Gr.8 and Ms. Ishna Nikam, Mast. Anvay Jha from Gr.10 SMC Campus have secured 1st position and are selected for Divisional level competition.

Student's Name	Campus	Competition/	Result			
		Competitive Exams				
	National I	Level Achievemen	+			
Ms Sharvari Kasabe Gr 8 SMC CISCE National level Gold Medal, selected for SGFI						
		Table tennis tournament	National level			
Mast Darvesh singh Bindra	Gr 8 SMC	CISCE National level Karate	Silver Medal, selected for SGFI National level			
Mast Abeer Aphale	Gr 9 SMC	CISCE Regional Cricket	Selected for National level			
Mast Vihaan Hekre	Gr 8 SMC	Cricket				
Mast Kabir Kelkar	Gr 5 SMC	CISCE Regional Skating	Selected for National level			
Ms Devyanshi Gupta	Gr 8 SMC	Gymnastic Federation of India Acrobatics competition	Selected for National level			
	State Le	vel Achievements				
Mast Neel Gawale	Gr 8 GOC					
Ms Kavya Kankaria	Gr 6 GOC					
Ms Kanaka Chandratre	Gr 6 GOC					
Mast Prayag Bagad	Gr 7 GOC	Bharat Vikas	3rd place in Hindi and Sanskrit Singing			
Ms Hemanya Keshri	Gr 9 GOC	Parishad, Group				
Ms Shambhavi Raut	Gr 9 GOC	Singing competition				
Mast Abeek Jana	Gr 8 GOC					
Ms Shaurya Pawar	Gr 7 GOC					
District Level Achievements						
Mast Om Redekar	Gr 6 SMC					
Mast Pranish Malpani	Gr 8 SMC					
Mast Anvay Pawar	Gr 8 SMC					
Mast Dhruv Phafat	Gr 8 SMC	DSO District level	Selected for Division level			
Mast Palash Bhandari	Gr 7 SMC	Table tennis tournament				
Mast Aavish Kewalramani	Gr 8 GOC	tournament				
Mast Kavish Kasliwal	Gr 6 GOC					
Mast Niehal Thakur	Gr 6 GOC		*			
Mast Viraj Nagdev	Gr 6 GOC		GRATULATION			
Mast Rishaan Chhajed	Gr 6 GOC		A CONTRACTOR OF THE PARTY OF TH			
Ms Aryahi Deo	Gr 6 GOC					
Mast Aarit Chopda	Gr 10 SMC					
Mast Aryan Daware	Gr 9 SMC					
Mast Chaksh Nahar	Gr 9 SMC		WINNER			
Mast Ayush Oturkar	Gr 8 SMC					
Mast Vivaan Bhatia	Gr 9 SMC					
Mast Bhavik Bora	Gr 11 GOC					
Mast Shubh Tatiya	Gr 11 GOC					

Student's Name	Campus	Competition/ Competitive Exams	Result
Ms Maitreyee Karmarkar	Gr 6 GOC	DSO District level	Selected for Division level
Ms Sayuri Wani	Gr 9 GOC	Barnes Invitational Badminton	1st place
Mast Karan Showkatramani	Gr 10 GOC	Dadiiiiitoii	3rd place
Mast Om Chaudhari	Gr 11 GOC		Selected for District level
Mast Juhaan Patel	Gr 12 GOC	DSO Taluka level	
Mast Harshit Mohdaspatra	Gr 12 GOC	Chess tournament	
Ms Radhika Maheshwari	Gr 12 GOC		*
Ms Saniya Thakkar	Gr 12 GOC		GRATULAT
Ms Chahat Kesaria	Gr 12 GOC		A COLUMN TO THE STATE OF THE ST
Ms Darshani Desai	Gr 12 GOC		
Ms Devika Garje	Gr 12 GOC		
Ms Parineeta Pardeshi	Gr 9 GOC		WINNER
Ms Haniya Kathpal	Gr 9 GOC		
Mast Arnav Pawar	Gr 9 GOC		
Mast Viraj Sahasrabuddhe	Gr 11 GOC		
Ms Abhigna Manu			
Mast Agastya Hyalij			
Ms Pihu Chopda			
Ms Prisha Vanjari			*
Ms Aadishree Patil			CONGRATULATION
Ms Nihira Kulkarni	Sr Kg	Navrachana Balgeet Competition	1st place WINNER
Mast Shubham Agrawal			
Ms Niraja Hase			
Ms Naira Kaiche			
Mast Vihan Bhadane			
Ms Ashvi Sonawane			
Ms Ahaana Rathi			
Mast Kabir Kelkar	Gr 5 SMC	DSO District level Skating Competition	Overall 2nd place, selected for Division Level
Ms Shambhavi Wadekar	Gr 7 SMC		Selected for State Level
Ms Kaushiki Sahasrabuddhe	Gr 8 SMC	DSO Division level	
Ms Disha Kochar	Gr 6 SMC	Rhythmic	Science for State Level
ms Tvisha Saraf	Gr 6 SMC	Gymnastics competition	
Ms Diya Kothari	Gr 9 SMC	ompetition	
Ms Rhea Savaji	Gr 8 GOC		

Teachers award:

On Teachers' Day, the Association of Nashik Schools honored our educators with the Longest Tenure Award, recognizing their commitment to shaping young minds. Congratulations to Ms. Seema Hemnani, Ms. Varsha Karia, Ms. Shubhangi Salve, and Ms. Trupti Madan for their years of service and contribution to education.







Bharat Vikas Parishad, Singing competition:

Mr. Suraj Bari, our Music teacher, won the 1st place at Bharat Vikas Parishad State level Teacher's Singing Competition!

Get Set Ready:

Our PG & Nursery learners enjoyed the event dressed in their cute pajamas. Through songs, role-play, and fun activities, the session helped them adopt healthy habits, while making the day joyful and memorable.



Teachers day celebration:



Teacher's Day at WHIS was celebrated with enthusiasm. Students dressed as their favourite teachers and presented dances, games, and a musical band performance. Later, a trip was organized to Igatpuri, where teachers visited Bahuli Dam and a waterfall, took part in activities, and enjoyed a buffet lunch. The day ended with a meditation session, making it a memorable day.





Hindi Diwas celebration:

On Hindi Diwas at WHIS, teachers informed students about the significance of the day and grandparents shared intriguing stories with the children. Students performed a skit highlighting the importance of emotions and later played a game where they used different body parts to express idioms, making the celebration both educational and fun.







Navratri celebration:



The spirit of Navratri came alive in the school as children dressed up in vibrant traditional attire. They listened keenly to the Navratri story, gaining insight into its cultural significance. The celebration concluded with joyful rounds of garba.

Staff Synergy:



At Synergy in WHIS, teachers swapped lesson plans for the spotlight, bringing alive dance, music, and a spirit of friendly competition. The stage lit up with talent, energy, and laughter as performances showcased creativity and camaraderie. It was truly a celebration of togetherness.



Learning Program:

At WHIS, our Learning Program sparked curiosity—Nursery explored absorption, Jr. KG discovered sounds, and Sr. KG learned about Hot Air Balloons through fun activities. For grades 1-12, it was designed to provide students with a well-rounded educational experience. It offered diverse streams including Commerce, Biology, Physics, Chemistry, and Information Technology, helping students gain practical knowledge and skills for a successful future in their chosen fields.



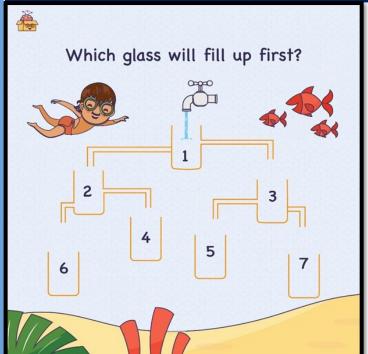


College Fair:

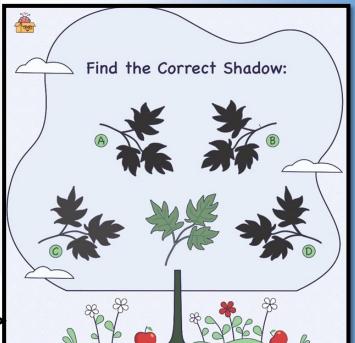
The College Fair at WHIS offered endless opportunities to connect with over 75 leading universities and discover the right path for the future. The day was packed with guidance, inspiration, and interactions, helping students explore options and make informed choices.



Fun Time



Find Which Glass Will Fill up First?
(Tip: Look at the Pipes Carefully.)



Guess the Correct Shadow.



What's the Thing That Shoots but Never Kills?

Who's the Doctor?

Compiled by: Ms. Anuoshka Shah Grade 8 Cambridge.

A boy and a doctor are fishing. The boy is the doctor's son. However the doctor is not the boy's father. Who is the Doctor?

Smart Savings, Strong Future!

School is a pivotal time in a child's development. It's when they start gaining more independence, making their own choices, and understanding the value of money. Instilling strong savings habits at this age is crucial for their financial well-being in the long run. Just like learning to read or do math, learning to save is a fundamental life skill that will empower them to achieve their future goals.

Why is Saving So Important for Students?

Fosters Financial Responsibility: Understanding where money comes from and where it goes is the first step towards financial literacy. Saving makes them active participants in managing their own resources.

Enables Goal Setting: Whether it's a new video game, a concert ticket, or saving for a future college fund, having a savings' goal provides motivation and a sense of accomplishment when achieved.

Builds a Safety Net: Life is unpredictable. Having savings, even a small amount, can provide a cushion for unexpected expenses or opportunities.

Prepares for Adulthood: The savings' habits, formed in school, lay the groundwork for responsible financial

decisions as adults, such as buying a car, a house, or investing for retirement.

Smart Ways for Kids to Save

Here are some practical and engaging ways school students can start their savings journey:

1.The 'Save, Spend, Share' jar system

This popular method helps kids allocate their money intentionally.

The Indian "gullak," or piggy bank, is a time-honored tradition that beautifully illustrates the concept of saving. It's a physical representation of their growing wealth.





The "Save, Spend, Share" Jar System:

Save Jar: For long-term goals.

Spend Jar: For immediate wants and small purchases. Share Jar: For donating to charity or helping others.

Why it's effective?

It teaches budgeting, prioritization, and the importance of generosity alongside saving.



3.Earn Money Through Chores or Odd Jobs

Connecting work with earning money reinforces its value. Offers an allowance for specific chores or opportunities to earn extra money for special tasks (e.g., washing the car, helping with yard work, babysitting).

Why it's effective? It teaches responsibility, work ethics, and that money isn't an unlimited resource.



2.Set clear, achievable goals

This becomes much more meaningful when there's a specific target in mind. Helps your child identify things they truly want and calculate how much it costs and how long it will take to save for it.

Why it's effective?

This makes saving exciting and provides a powerful motivator.

A visual goal tracker can help them see their progress.



4. Open a Savings Account (with Parental Guidance)

For higher grade students, a real bank account can be a great next step.

Why it's effective?

It gives children real-world banking experience—teaching them how to manage money safely, track savings, and understand the value of interest.
Saving builds discipline, confidence, and independence. Start early, and you gift children skills that last a lifetime.

By: Ms.Hemanya Keshri Grade 9 Cambridge.

China: A rival worthy of credit

Controversy, chaos, China. For decades, China has been India's toughest enemy. It feels natural to have disdain for it, yet the label "Made in China" appears on nearly every product we use. Currently we have surpassed China by ranking 1st in population count, yet it leaves a taste of problem. In amplification China continues to block our rightful place as a permanent member of the United Nations Security Council. The irony is clear: do we truly have the authority to mock another's running technique when we ourselves haven't even crossed the starting line?

In the past, China has shown itself to be untrustworthy in multiple conflicts, such as the 1962 Sino-Indian War and more recently during the India-Pakistan tensions. India has made fun of China with stereotypes, portraying its people as short, weak, and unhealthy. In sports, India once boasted about its hockey golds while laughing at China's poor Olympic performance, dismissing it as non-athletic. "Made in China" became a term for fake and cheap goods. Even in politics, India viewed itself as superior, a democracy with a voice, while considering China as closed off and weak. Yet history has a way of humbling pride.

Over time, China has evolved into a nation that can compete with a superpower like the United States. Once ridiculed for weakness in sports, it now leads the Olympic medal count, showcasing not only athletic strength but also better health and nutrition, as younger generations grow taller and stronger. The one-child policy, though controversial, slowed population growth and enabled greater focus on education and development. Economically, China is now the world's second-largest economy, a global manufacturing center, and a leader in technology and infrastructure. Politically, it wields significant influence as a permanent member of the UN Security Council, shaping global decisions to favor its interests.

India needs to pause and reflect on China's growth — not just with resentment, but with honesty. We once laughed at them for being weak, poor, and unable to compete, yet today China battles with the United States in sports, economics, and politics. That should provoke more than anger, it should inspire self-reflection. China shows us what determination, discipline, and bold policies — however controversial — can achieve. We may not like to admit it, but sometimes our rivals teach us more than our friends do. As the saying goes, "you should keep your allies close, but your enemies even closer." About time, India crosses the starting line?



By: Ms. Devika Vidhate Grade 10 IGCSE.

The Power of Small Habits: How Tiny Changes Lead to Big Results

We often admire success stories that look like overnight transformations. But if you look closer, you'll find a different truth—success is built by small, consistent actions repeated over time. These actions, known as habits, may seem insignificant in the moment, but together, they shape our future.

Why Small Habits Matter

One of the biggest mistakes we make is aiming too high, too quickly. For example, deciding to run 5 km every day sounds motivating, but for most beginners, it feels overwhelming and unsustainable. Small habits, however, remove the pressure. Starting with 5 minutes of stretching or a short walk is much easier, and once it becomes routine, you naturally want to do more. The magic of small habits is that they're simple to begin, hard to quit, and easy to repeat.

The Compounding Effect of Habits

Think of habits as investments. Just as saving a small amount daily can grow into wealth, small actions accumulate into powerful results.

Reading 10 minutes a day = several books in a year.

Practicing a skill for 15 minutes = noticeable improvement in months.

Saving a little money weekly = financial stability over time.

The change is not always visible immediately, but like compound interest, the results multiply as time passes.

How Habits Shape Identity

Habits don't just change what you do; they change who you believe you are. When you write daily, even if it's just a few lines, you start to see yourself as a writer. When you exercise regularly, even in small amounts, you begin to identify as someone, who cares about their health.

Every action is like casting a vote for the kind of person you want to become. The more consistent you are, the stronger that identity becomes.

Small Habits You Can Start Today

Here are a few practical, tiny habits that make a big difference:

Drink water first thing in the morning – boosts energy and hydration.

Write one line of gratitude daily – improves positivity and mental health.

Do 5 push-ups or stretches – builds strength and creates momentum.

Read a single page before bed – grows knowledge while winding down.

Set aside 2 minutes for planning your day – increases focus and productivity.

These are so small that you can't make excuses not to start. But once you begin, you'll often find yourself doing more than planned.

Building Momentum Over Motivation

Motivation comes and goes, but habits create momentum. When you rely only on motivation, you'll often

stop when you don't "feel like it." But when you rely on habits, the actions become automatic.

That's why the real secret to growth isn't intensity—it's consistency. Small actions done daily will always beat big actions done rarely.

Final Thought

Small habits are like seeds. You may not notice their impact immediately, but given time, they grow into strong roots and tall trees. By focusing on the little things you do every day, you can transform your health, mindset and future.

Start small today—the results will be bigger than you imagine.

TINY
HABITS
BIG
RESULTS
Start small,
achieve big.

By: Ms. Shambhavi Raut, Grade 9 Cambridge

POWERED BY: COMPUTER DEPARTMENT (GOC)

Sindhutai Sapkal - The Mother of Orphans!

Sindhutai Sapkal, fondly called the "Mother of Orphans," turned her own hardships into a mission to help abandoned and neglected children. Born in a poor family, in rural Maharashtra, she faced child marriage and extreme struggles from a young age. Instead of letting these challenges define her, Sindhutai dedicated her life nurturing those who had no one to care for them. Over the decades, she has personally cared for thousands of children, providing not just food and shelter, but also education, love, and hope for a brighter future.

Her work goes far beyond individual care. Sindhutai established numerous orphanages and foster homes across India, reaching even the most remote villages. She believed that every child deserves a chance to dream, learn, and grow, regardless of the circumstances they are born into. Her tireless dedication has inspired countless people to volunteer, donate, and contribute to improving the lives of vulnerable communities.

Even in her later years, Sindhutai continued her selfless work, often traveling long distances to help children in need. Her life is a testament to the power of compassion, courage, and persistence. As she said, "Every child deserves a chance to dream and grow." Sindhutai Sapkal truly embodied the spirit of a hidden change maker of India, showing that one person can create ripples of positive change that touch thousands of lives.



WHIS Initiatives at Lahangewadi

Learning Program

On 27th September, WHIS conducted a learning program at Lahangewadi School. Students of Grades 1 and 2 engaged in Tangram puzzles, while Grades 3 and 4 took part in catapult-making activities, promoting logical thinking and scientific understanding.





Making of Tangram puzzles and catapult



Eye Check-up

WHIS organized a successful eye check-up camp for senior citizens at Lahangewadi, promoting eye health and early detection of vision issues.

Navratri Celebration

To celebrate Navratri, WHIS organized a vibrant event Synergy at Lahangewadi with interactive activities and entertainment. Gifts were awarded to winners, adding to the festive spirit.



Online Math Class

WHIS conducted an online class for students of Lahangewadi, focusing on basic math concepts such as numbers, number names, and 2D shapes. The session aimed to build strong foundational skills through interactive learning.



Women Empowerment

As part of its women empowerment initiative, WHIS conducted a skill-building session at Lahangewadi, where local women were trained in creative crafts. They made decorative pots, dandiya sticks, and torans, which were later sold at the WHIS school campus. The proceeds from the sales helped support and empower the women financially, encouraging self-reliance and confidence.







Ms. Parneet Pahwa

Year of passing out from WHIS: 2017-2018

Academic journey: International Foundation Art & Design -First class BA Honours in

Design Crafts specialising in ceramics and 3D printing - De Montfort University

Professional milestones:

Part of a one-year long business incubator program "Crucible" at the university 2022-

2023, founded creative business Matkewalli in the UK

Studio manager at Hannah Tounsend Ceramics and Print 2022-2023

CAD Lecturer at DMU for design crafts 2022-2023

Freelance Design Admin Assistant Harrods 2023

Art facilitator Dharamkot Studio 2024 India

Ceramic Consultant at Make Abu Dhabi 2024-present

SEAF Fellow Cohort 12 2025-2026

Future Plans

Continue working as a consultant, help people build capabilities in clay and continue building own art practice intertwining clay, textiles and print.

Name: Dr. Ambika Patil

Year of passing out from WHIS: 2017-2018

Academic journey: MBBS

Professional milestones:

Hospital 12 de Octubre in Madrid, Spain Seoul national university hospital, Seoul, South Korea Jessenius faculty of medicine, Martin, Slovakia

Future Plans: Planning to do MD Dermatology.



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